

## Day Spa Menu

### *The Facials*

#### **Bioelements Custom Facial** \$50

Experience custom blended deep pore cleansing, exfoliation and massage of the neck and shoulders followed by a therapeutic mask and serum. One hour to smooth and glowing skin.

#### **Vitamineral Power Facial** \$50

Infuse your skin with antioxidant vitamins A, C, E and D and trace minerals to stimulate the production of collagen and elastin. The perfect anti-aging facial for firmer, stronger, radiant skin.

#### **Stress Solution Spa Facial** \$55

Designed to soothe and soften your complexion, this luxurious facial will deeply de-stress your entire body. A gentle yet thorough cleansing, aromatherapy oil massage of the face, neck and shoulders, steam therapy and a calming mask will help you emerge renewed with glowing skin. Ideal for sensitive skin that needs gentle care.

#### **Bioelements Skin Treatment for Men** \$50

This customized treatment includes deep cleansing and exfoliation to target any breakouts, blackheads and ingrown hairs. A custom blended mask is applied to soothe, balance and tone your skin. Emerge looking like a million bucks after a relaxing massage of the face, neck and shoulders.

#### **Pumice Peel Manual Microdermabrasion** \$65

Ultra-fine pumice crystals in this machineless treatment peel away dull, dreary cells, abrade uneven skin and visibly reduce the appearance of fine lines and wrinkles. A customized mask infuses nutrients into your newly polished complexion. An ideal option for those that want the effect of microdermabrasion without the machine.

#### **Facial & Body Treatment Combo~save \$10**

## *The Body Treatments*

### Bioelements Aromatherapist Oil Wrap \$50

Embark on a sensory journey incorporating a healing touch, exfoliation with warm aromatherapy oils to promote deep relaxation and soft, silky skin.

### MudTherapy Body Mask \$55

Detoxify and stimulate your skin's metabolism with therapeutic mud, peppermint and red raspberry extracts. The MudTherapy unleashes a stimulating action, helping to rid your body of toxins.

### Trissage Body Smoothing Treatment \$65

Exfoliates the body, smoothing away dead, rough skin and then hydrates and softens. We'll use Chinese herbs, warm blankets, a Trissage triple action massage cream and aromatherapy oils to leave your skin exceptionally soft and smooth.

### Ear Candling

A homeopathic answer to maintaining proper ear health. This ancient, non-invasive treatment helps relieve various sinus issues and removes impurities. The 60 minute treatment includes a steamed towel treatment, as well as a head, neck and facial massage and stimulates sinus pressure points.

30 Minutes \$35

60 Minutes \$60

### Sensational Salt Glow \$40

A 30 minute skin softening treatment that enhances the skin's ability to receive nourishment from other body treatments. Relaxing & refreshing.

## *The Microtreatments*

Add on to any other service.

Trissage Hand Retexturizer \$10

Multi-Task Eye Mask \$15

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## *The Packages*

- Sensational Basics** **\$99**  
Custom Facial and One Hour Massage  
Approximately 2 hours
- Head-to-Toe** **\$109**  
Customized Facial, Basic Manicure, Basic Pedicure and Shampoo & Style  
Approximately 3.25 hours
- Beauty Break** **\$129**  
Salt Glow, One Hour Massage, Shampoo & Style and Make-up Application  
Approximately 2.5 hours
- Touch of Heaven** **\$169**  
Customized Facial, Aromatherapist Wrap,  
Spa Manicure and Spa Pedicure  
Approximately 3.75 hours
- Grand Spa Escape** **\$269**  
One Hour Massage, Aromatherapist Wrap or Salt Glow, Custom Facial, Spa  
Lunch, Spa Manicure, Spa Pedicure, Shampoo & Style and Make-up Application  
Approximately 6.5 hours
- Men's Getaway** **\$129**  
Bioelements Skin Treatment, One Hour Massage, Scalp Refresher, Shampoo,  
Haircut & Style  
Approximately 2.75 hours
- His Escape** **\$219**  
Salt Glow, One Hour Massage, Men's Skin Treatment, Spa Lunch, Hand and Foot  
Detailing, Scalp Refresher, Shampoo, Haircut & Style  
Approximately 5.75 hours
- Custom Spa Package for One**  
Save 10% on three or more Spa Treatments
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## *The Massages*

Therapeutic massage techniques include Swedish, Reflexology and Deep Tissue, as well as Shiatsu and Energy. All of these techniques may be combined by your therapist for the perfect massage for you. A thorough consultation will determine what is needed to work out the "knots", improve circulation and joint mobility, induce relaxation, promote healthy skin, and release stress and tension.

30 Minutes	\$35-40
60 Minutes	\$55-60
90 Minutes	\$75-85
120 Minutes	\$110-120

Essential Stone Therapy                      \$90-95

Combines relaxing massage with deep heat therapy using smooth stones. Fabulous relief for tight muscles & tension.

## Mother-To-Be Massage

Relax in a comfortable side-laying position while your therapist eases tension and stress caused by pregnancy. Beneficial for both mother and baby. \*Not available for pregnant women in their first trimester.

60 Minutes	\$65
90 Minutes	\$90

## *The Add~Ons*

Additional mini-services that can truly enhance your massage experience.

Aromatherapy	\$10
Partial Stones	\$10
Hot Compress	\$10
Back Exfoliation w/ Hot Towels	\$10
Back Exfoliation and Mask	\$20
Ear Candling Only	\$30

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Tanning and Bridal Packages, as well as Gift Cards are always available. *"Give An Experience, Not Just A Gift"*

Gift Certificates are also available for individual Salon or Day Spa services or dollar amounts. Our custom packages are specially priced and reflect a savings, therefore, no substitutions can be made. Individual services may be added to any package at full price. Gratuities are always left to the discretion of our guests.

Our technicians work by appointment. A 50% deposit will be required to reserve any day spa package, and is refundable with a minimum 48 hour notice of cancellation.

Please turn off your cell phone when entering the salon or spa. Take these moments for yourself, and allow the person next to you to enjoy their visit! Please do not leave your child unattended. Shear Sensations is not responsible for damages done by your children.

The greatest compliment we can receive is that of a referral from you, our loyal guest. Our "Recommend a Friend" program rewards you with a \$10 Shear Sensations gift certificate each time you refer someone 14 yrs. or older. Ask your technician for details!

We accept  
Visa, MasterCard & Discover  
There is a \$25 fee on all returned checks.  
Payment is due when services are rendered.

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Prices subject to change without notice.

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